

**TABLE 12.5** *DSM-5* Diagnostic Criteria for Alcohol Withdrawal

**ALCOHOL WITHDRAWAL**

- A. Cessation of (or reduction in) alcohol use that has been heavy and prolonged.
- B. Two (or more) of the following, developing within several hours to a few days after the cessation of (or reduction in) alcohol use described in Criterion A:
  - 1. Autonomic hyperactivity (e.g., sweating or pulse rate greater than 100 bpm).
  - 2. Increased hand tremor.
  - 3. Insomnia.
  - 4. Nausea or vomiting.
  - 5. Transient visual, tactile, or auditory hallucinations or illusions.
  - 6. Psychomotor agitation.
  - 7. Anxiety.
  - 8. Generalized tonic-clonic seizures.
- C. The signs or symptoms in Criterion B cause clinically significant distress or impairment in social, occupational, or other important areas of functioning.
- D. The signs or symptoms are not attributable to another medical condition and are not better explained by another mental disorder, including intoxication or withdrawal from another substance.

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